



Inner Group HU Chants

Sri Harold has given the following update for HU Chants.

Many chelas have asked to maintain a connection with the ECK community via an inner HU Chant, held on a specific day, and/or at a specific time.

Singing HU together in this way can bring a greater sense of community to all, since outer ECK events are limited at this time.

RESAs have options of setting a day and time or simply a particular day (like Friday). Contemplation seeds can be offered just as with the regular chela HU Chants.

The frequency of these events is up to the RESA.