



## ECK Worship Service Spiritual Liberation in This Life

Sunday, July 4; 10:00–11:00 a.m.



Includes children's programs for ages 3–13.  
A parent-toddler room is available.  
Fellowship, refreshments, and tours.

### Community HU Song, Sun., July 18, 10:00–10:30 a.m.

Singing HU is an uplifting gift to ourselves and all life. Join in singing HU in the sanctuary, followed by tea and conversation in the fellowship hall.

### Learn How to Sing HU Fridays, 7:00 p.m.

HU is a love song to God that can help you. New visitors will receive a free *HU: A Love Song to God* CD. You can also hear thousands of people singing HU at [www.HearHU.org](http://www.HearHU.org) or (952) 380-2147.

### Roundtable Discussions 1:00–2:00 p.m.

A member of the ECK clergy facilitates the sharing of spiritual questions, experiences, and insights.

- Saturday, July 3 The Gift of Spiritual Wake-Up Calls
- Sunday, July 11 What My Past Lives Teach Me about Today
- Sunday, July 25 Living in Service to All Life

### The Easy Way Discourses Satsang Class

Take another step on your spiritual journey through study of **discourses** that come with yearly membership in Eckankar. To inquire about visiting a class, please call Temple Services, (952) 380-2200.

### Friday Night Videos 8:15–9:15 p.m.

Hear stories and insights from talks by Sri Harold Klemp, the spiritual leader of Eckankar, on video at the Temple of ECK. Join a discussion afterward.

- July 2 The Law of Love
- July 16 A Giant Hand

### Temple Hours

Monday, Wednesday, Friday,  
noon–9:30 p.m.

Saturday, Sunday, noon–4:30 p.m.  
*The Temple will be closed July 5.*

### Reading Room

Monday–Friday, 8:30 a.m.–  
5:00 p.m.

*The reading room will be closed  
Monday, July 5.*

### Tours

*(allow 45 minutes to an hour)*

Monday, Wednesday, Friday,  
Saturday, Sunday—2:00 p.m.

Monday, Wednesday—7:00 p.m.

# Spiritual Experiences

## Have You Had One?

Free!

- July 7 Past Lives, Dreams, and Soul Travel
- July 14 What Are Spiritual Dreams?
- July 21 Awakening Past-Life Memories
- July 28 Out-of-Body Adventures

**Weds., 7:00–8:30 p.m. Attend any or all.**  
**Preregister.** New visitors will receive a free booklet!

For information: [www.TempleofECK.org](http://www.TempleofECK.org) or (952) 380-2200



## ECK Worship Service

### HU, the Most Beautiful Prayer

Sunday, August 1; 10:00–11:00 a.m.



Includes children's programs for ages 3–13.  
A parent-toddler room is available.  
Fellowship, refreshments, and tours.

### Community HU Song, Sunday, August 15, 10:00–10:30 a.m.

Singing HU is an uplifting gift to ourselves and all life. Join in singing HU in the sanctuary, followed by tea and conversation in the fellowship hall.

### Learn How to Sing HU Fridays, 7:00 p.m.

HU is a love song to God that can help you. New visitors will receive a free *HU: A Love Song to God* CD. You can also hear thousands of people singing HU at [www.HearHU.org](http://www.HearHU.org) or (952) 380-2147.

### Roundtable Discussions 1:00–2:00 p.m.

A member of the ECK clergy facilitates the sharing of spiritual questions, experiences, and insights.

- Saturday, July 31 The Law of Karma as the Great Teacher
- Sunday, Aug. 8 How HU Has Changed My Life
- Sunday, Aug. 22 Finding the Diamonds in Your Life

### Friday Night Videos 8:15–9:15 p.m.

Hear stories and insights from talks by Sri Harold Klemp, the spiritual leader of Eckankar, on video at the Temple of ECK. Join a discussion afterward.

- Aug. 6 Stand Back for a Better Look
- Aug. 20 The Tensions of Living

### Temple Hours

Monday, Wednesday, Friday,  
noon–9:30 p.m.  
Saturday, Sunday, noon–4:30 p.m.



*Creativity, bountifulness,  
and gratitude go hand in  
hand.*

—Sri Harold Klemp  
*The Language of Soul*

### Reading Room

Monday–Friday, 8:30 a.m.–  
5:00 p.m.

### Tours

(allow 45 minutes to an hour)

Monday, Wednesday, Friday,  
Saturday, Sunday—2:00 p.m.  
Monday, Wednesday—7:00 p.m.

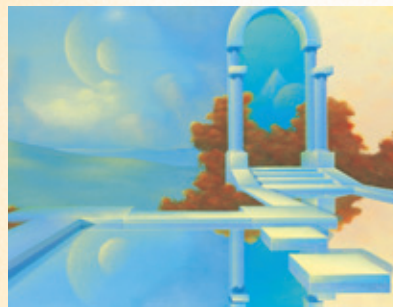
### The Easy Way Discourses Satsang Class

Take another step on your spiritual journey through study of **discourses** that come with yearly membership in Eckankar. To inquire about visiting a class, please call Temple Services, (952) 380-2200.

FREE FOUR-WEEK CLASS

## Past Lives, Dreams, and Soul Travel

FREE!  
Attend any or  
all classes.



As Sri Harold Klemp says, the study of past lives, dreams, and Soul Travel “leads to the most satisfying and fulfilling life you could ever imagine—or wish for.”

Wednesdays, August 4–25; 7:00–8:30 p.m.

To register: [www.TempleofECK.org](http://www.TempleofECK.org) or (952) 380-2200

Experience the HU at [www.HearHU.org](http://www.HearHU.org) or (952) 380-2147.

## ECK Worship Service

# Truth Seekers: Apply Within

Sunday, September 5; 10:00–11:00 a.m.



Includes children's programs for ages 3–13.  
A parent-toddler room is available.  
Fellowship, refreshments, and tours.

## Community HU Song, Sunday, September 19, 10:00–10:30 a.m.

Singing HU is an uplifting gift to ourselves and all life. Join in singing HU in the sanctuary, followed by tea and conversation in the fellowship hall.

## Learn How to Sing HU Fridays, 7:00 p.m.

HU is a love song to God that can help you. New visitors will receive a free *HU: A Love Song to God* CD. You can also hear thousands of people singing HU at [www.HearHU.org](http://www.HearHU.org) or (952) 380-2147.

## Roundtable Discussions 1:00–2:00 p.m.

A member of the ECK clergy facilitates the sharing of spiritual questions, experiences, and insights.

- Saturday, Sept. 4 Waking Up to Waking Dreams
- Sunday, Sept. 12 The Mahanta Is Always with Me
- Sunday, Sept. 26 How to Trust Your Heart

## The Easy Way Discourses Satsang Class

Take another step on your spiritual journey through study of **discourses** that come with yearly membership in Eckankar. To inquire about visiting a class, please call Temple Services, (952) 380-2200.

## Friday Night Videos 8:15–9:15 p.m.

Hear stories and insights from talks by Sri Harold Klemp, the spiritual leader of Eckankar, on video at the Temple of ECK. Join a discussion afterward.

- Sept. 3  
God's Love Is a Wonderful Thing
- Sept. 17  
The Secret Path to Heaven

## Temple Hours

Monday, Wednesday, Friday,  
noon–9:30 p.m.

Saturday, Sunday, noon–  
4:30 p.m.

*The Temple will be closed  
September 6.*

## Reading Room

Monday–Friday, 8:30 a.m.–  
5:00 p.m.

*The reading room will be closed  
September 6 and 17.*

## Tours

*(allow 45 minutes to an hour)*

Monday, Wednesday, Friday,  
Saturday, Sunday—2:00 p.m.

Monday, Wednesday—7:00 p.m.

# Prayer, Meditation & Contemplation

## Free Class

## Discover the Most Secret Part of Yourself!

## Wednesdays, September 8–22, 7:00 p.m.

Preregister. New visitors will receive a free booklet with class.

For information: [www.TempleofECK.org](http://www.TempleofECK.org) or (952) 380-2200

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