

The Foremost Blessing



Steve Ranfeldt

Sri Harold Klemp

Whatever comes along in your life, it's good to remember that it's always a gift from the Holy Spirit, to strengthen you. . . .

Say thank you to the ECK for the blessing. You know that Spirit and the MAHANTA, the Inner Master, are one. He will help you in whatever way possible, because he desires even more than you that you rise in consciousness. His help, in fact, is the foremost blessing of all.

So open your heart. The Sound and Light of God can freely flow into you and make all things new.



—Sri Harold Klemp,
Wisdom of the Heart, Book 3

New opportunities await you to strengthen
your connection with the MAHANTA, the Living ECK Master.

1. SING HU WITH THE ECK MASTERS

To hear a number of ECK Masters chanting HU on the inner planes is one of the higher experiences an individual can have in the dream state.

—Sri Harold Klemp,
The Eternal Dreamer, p. 221

Let the MAHANTA take you to a Temple of Golden Wisdom or other sacred place to chant *HU* with the ECK Masters. As you sing *HU* silently or aloud, feel the holy Sound filling your being with the golden love of ECK.



Continued on next page

The Foremost Blessing

2. WISDOM FROM THE SPIRITUAL QUOTE OF THE DAY



In addition to inner guidance from your spiritual exercises, the Master offers daily wisdom through the [Quote of the Day](#) at www.Eckankar.org.

Let this wisdom nourish you and find its way into your heart. The Master can show you a way to make this blessing a part of your daily life.

If you'd like to share your experiences with fellow ECKists in your region, ask your RESA about a spiritual discussion by phone, Skype, or Zoom.

As a reminder, Satsangs and discussion classes can be held by phone, Skype, or Zoom at this time. Contact your RESA for what is offered in your region.

3. LOVE LETTER TO THE MASTER

As an ECK Initiate, you have the special privilege of putting your thoughts, hopes, dreams, burdens, and fears down on paper and thus releasing them with the help of the MAHANTA, the Living ECK Master.

—Sri Harold Klemp, *Karmabusters*, p. 5

You are welcome to write a letter to the Master at any time. You can send it online at www.Eckankar.org > Initiate Pages > [Letter to the Master](#). Or if you wish, you can mail your letter to Sri Harold Klemp, c/o ECKANKAR. You can also simply write it in your mind or speak it out loud.

Making this special contact of the heart brings blessings of insight, solace, and spiritual healing.

4. CELEBRATE ECK WITH OTHERS

Ask the Mahanta to let you meet like-minded individuals on the inner side. How this works out is often surprising.

—Sri Harold Klemp, *A Modern Prophet Answers Your Key Questions about Life*, Book 3, p. 131

(See the book for the full scope of this Q&A.)

In contemplation, sing *seva* (see-VAH) for several minutes. It is a spiritual word that means a service of love, and it will open your heart to the giving nature of Soul.

Then watch for the adventures that will surely come in the inner worlds, in your dreams, and in your waking life.

*There is no limit to the ways the Master can say,
"I am always with you."*

Listen for this every moment of every day!



Lucie Paquette



Bruce Fuller