The Sound of Soul event is a gift of the heart to the world. From your heart to the people in your life and community.

In these ECK gatherings, guests
- are welcomed as friends,
- settle in with a beautiful quote from the Master,
- experience a 15–20 minute HU chant,
- share in relaxed, spiritual conversation.

Adding options like
- light refreshments,
- potluck meals, and
- music helps create heart-to-heart connections!

**Do You Love Sharing HU?**

The Sound of Soul Event Guide can get you started.

Any Second Initiate or above who has completed Arahata training and training for Spiritual Duties of the ECK Volunteer and is approved by the local Satsang Society can lead an event. Events can be held in a home, an ECK Center, or a public venue.

**Special Invitation to All Satsang Classes**

Satsang classes are a natural sponsor for The Sound of Soul events. These events are a great Satsang project and offer outflow to the community for the upliftment of all.

You can invite family members or friends—anyone who may be interested.

Events can be held monthly or on whatever schedule works for the class.

Events can also be hosted by the region, a Vahana team, or you!

Talk with your RESA for details and support. Go to Eckankar.org/SoundofSoulKit for the event guide and resources to publicize your events.

**Give and Receive**

Watch and share this new video! Find it at TheSoundofSoul.org—a new site to help you introduce the HU to the world.

What better way to give and receive divine love in A Year of HU?

**Harold Klemp**

This book is a collection of essential passages, quotes, and spiritual exercises on the HU. These can be used as contemplation seeds to lead HU songs at any ECK event.

The beautiful book also makes a great gift to seekers and offers endless inspiration for chelas.

Don’t miss Sri Harold’s special introduction!

#011983, $10.00*