An Invitation to
ECK Satsang Class
Explore • Ask
Discover • Share

Group Study of the ECK Discourses

ECKANKAR
Religion of the Light and Sound of God
Journey into the Heart of God

The purpose of Satsang is to help you find your own relationship with Divine Spirit.

What Is an ECK Satsang Class?

Satsang is a spiritual forum for ECK members to explore the wisdom of the ECK discourses together.

Led by a trained teacher (Arahata), classes meet monthly for an hour to an hour and a half reviewing a lesson you’ve read at home.

Bring Your Spiritual Curiosity!

- Share experiences and insights with fellow spiritual explorers.
- Ask questions—and learn ways to find your own answers.
- Explore the discourses in depth from a variety of viewpoints.

How Can You Benefit from an ECK Satsang Class?

Each class is a chance to discover

- Your own success with Soul Travel, dreams, and the Spiritual Exercises of ECK
- The many ways the Mahanta, the Inner Master, gives you guidance
- How each discourse lesson relates to you and your life today
- God’s love in every aspect of your life

Most of all, Satsang class is a place to share the Mahanta’s love for you as Soul—a love greater than words can express!

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Want to Join an ECK Satsang Class?

You’re warmly invited to join an ECK Satsang class. Or you can ask to visit a class one time and experience what it’s like.

For more information you can

- Contact the ECK class coordinator
- Check the ECK newsletter
- Call Membership Services at ECKANKAR, (952) 380-2222, Monday through Friday, 8:00 a.m.—5:00 p.m., central time

Satsang Study at Home

Reading the ECK discourses and making contact with the ECK Sound Current is also Satsang. If you study alone, the workbook activities and audio excerpts on CD will help you delve more deeply into the discourse lessons.

ECKANKAR is a path for the individual, and the guidance, love, and protection of the Mahanta are always with you.

Local ECK Satsang Class Info: