Become the Loving Heart

2018 ECK Worldwide Seminar

As you make your way, step-by-step, to spiritual freedom, you learn the secret of serving all life. You learn to accept God’s pure love in your life and become its carrier—the loving heart.

The Year of Giving

October 26–28, 2018 — Minneapolis, Minnesota
Living in the Confidence of Soul (workshop)
Friday, 10:00 a.m.–noon
Embrace your highest nature! Try these powerful techniques to become aware of yourself as a bright light and inspiration to others.

Giving Something Back to Life

If you do the spiritual exercises and get more of the Sound and Light of Divine Spirit flowing into you, what are you going to do with it? . . .

One way to start is this: Simply give back some service of love to the world, your friend, your neighbor; and it may be simply by doing a good deed every day that no one ever knows about. . . .

There is no greater joy than working as a Co-worker with God. Giving something back to life when you have the ECK coming in is absolutely essential for spiritual survival.

—Sri Harold Klemp, *The Spiritual Exercises of ECK*

Become the loving heart with

How to Create a Wonderful Life—Here and Now (workshop)
Friday, 2:00–4:00 p.m.
Are you ready to embrace the sacredness of the here and now? Explore how to germinate a new spiritual life filled with moments rich in blessing.

All the Way Home to God (workshop for High Initiates)
Saturday, 2:00–3:30 p.m.

Living in the Confidence of Soul (workshop)
Friday, 10:00 a.m.–noon
Embrace your highest nature! Try these powerful techniques to become aware of yourself as a bright light and inspiration to others.
The Year of Giving

The entire reason for Soul’s journey is to learn the spiritual need for giving. A life of meaning is a life of giving. God’s love freely comes to all of us, so we must learn both to accept that love and then to pass it on to others.

—Sri Harold Klemp, ECK Essentials

Seminar Heart Highlights:

I like the family focus. We brought our kids for years and are now bringing our grandchildren.

—Seminar attendee

It’s wonderful to see my spiritual guide in his extraordinary brilliance.

—RG, Benin

I am so grateful to Sri Harold for the deep insights and answers I got from his talk. The Sunday-morning HU Song touched my heart with so much love that I was moved to tears. I experienced pure love!

—AA, Togo

There were plenty of workshops to choose from, and the creative arts were amazing.

—BT, New South Wales, Australia

My highlights: volunteering; meeting ECKists from around the world and sharing; contemplating at the Temple of ECK; the feeling of love.

—BJ, Ontario, Canada

“I Am Loved”

I attended the ECK Worldwide Seminar and took a bus to the Temple of ECK.

When I entered the sanctuary, I knew I found my home. I can’t get enough of ECK! Now I know I am loved.

—NP, Illinois
Workshops for All Attendees

- Getting Creative with the ECK Essentials
- Embracing the Gift of a Life Change
- Discover Spiritual Gold—Shariyat Wisdom for You!

Family Workshops

- Your Gift of Love as Family
- Your Family and the World of Dreams

Roundtables

Topics include

- A Life of Meaning Is a Life of Giving
- Being the Loving Heart in Any Situation
- Creating Your Own Golden Age
- Rekindling the Holy Fire in the Heart (for High Initiates)

Workshops and Events for ECK Members and Leaders

- New ECK Members—Explore the Secret Path to Heaven
- When Friends and Family Ask about ECK
- ECK Youth and Family Program Forum

For ECK Members Ages 18–40

- Young-Adult Meet and Greet
- Your Role in the Destiny of ECKANKAR

For Second Initiates and Above

- The Arahata’s Treasure Chest: Good Questions

For Vahanas

- Worldwide Vahana Meeting—Reaching for a Star!

For High Initiates

- Brothers of the Leaf Gathering and H.I. Chant
- Trainings for ECK Clerics, ECK Initiators, and ECK Spiritual Aides

Special Events for Those New to ECKANKAR

Bringing an interested friend or family member? New to ECK yourself? These events are for you.

The Call of Soul
(workshop and discussion)
Saturday 2:00–3:30 p.m.
Have you heard the call of Soul? Come and discover the source of all truth and learn how to reach spiritual freedom in this lifetime through dreams, Soul Travel, and developing a daily spiritual practice.

After the Saturday-evening program, for one hour:
Explore Your Next Spiritual Step (Guest Chat)
Ask questions. Explore answers. Discover steps you can take on your own spiritual journey.

All Chelas Invited!

Worldwide Chela Gathering

The God Seeker

For “the few truly seeking God”
To prepare, contemplate on Sri Harold’s parable, “The God Seeker,” in ECK Essentials or in the June 2015 Mystic World.

“It’s my gift to you.” —Sri Harold Klemp

Contemplation seeds, spiritual exercises, and Satsang for you!

Brothers of the Leaf Gathering and H.I. Chant

See the September Golden Leaf for a special contemplation to help prepare the ground for the Chela Gathering.
Wisdom from the Master on Spiritual Leadership: ECK Leader’s Guide, Book 2
By Sri Harold Klemp
Sri Harold offers ECK High Initiates this guidebook to the high worlds of God through spiritual leadership.

A Few Good Lessons
2018 ECK Springtime Seminar, Minneapolis, Minnesota (CD, DVD)
By Sri Harold Klemp
Wisdom and stories of divine love for you from the latest seminar talk by the Mahanta, the Living ECK Master.

ECK Wisdom on Spiritual Freedom
You came into this life to fly! Discover the key to spread your wings as Soul and set yourself free!

Look for these new items in the bookroom!

Preview Schedule

Seminar events are at the Minneapolis Convention Center. See printed program (available at seminar) for more details.

Thursday, October 25
10:00 a.m.–8:00 p.m. Enjoy the day at the Temple of ECK
Noon, 3:30 p.m., ECK New Year celebrations at the
and 7:00 p.m. Temple of ECK
6:30 p.m. HU Song and Volunteer Meeting
7:30 p.m. Roundtable Facilitator Meeting and Roundtable (for ESAs)
8:00 p.m. Young-Adult Meet and Greet (for ECK members ages 18–40)

Friday, October 26—Seminar Begins
8:45 a.m.–5:15 p.m. Workshops and events
7:00–9:00 p.m. HU Song; main program
9:30–11:00 p.m. ECK New Year Dance

Saturday, October 27
9:15 a.m.–5:15 p.m. Workshops and events
7:00 p.m. Main program begins; talk by Sri Harold Klemp
9:30–11:30 p.m. Dessert Social

Sunday, October 28
9:00–11:00 a.m. HU Song; main program
Noon Temple opens; tours of ECKANKAR Spiritual Center begin

Youth and Family Program

Families, enjoy your spiritual journey in ECK together!

• Lively workshops for the entire family Friday and Saturday
• Fun and engaging programs for children and teens
• The ECK Family: Our Hearthstone in The Year of Giving
  Enjoy Sri Harold’s talk (via live video) with your family.
• Parent Room Warm and friendly environment with roundtables and spiritual discussions for parents with their children under five

Translations and Special Services

There will be simultaneous translations into French, German, and Spanish. Check the seminar program and Simultaneous Language Translations for more information.

For the deaf and hard of hearing, there will be an assistive-listening system in Hall B and sign-language interpretation of the Saturday-evening main program. Check with Special Services at ECKANKAR Information (location and hours in program).
Please preregister by October 19 (form must be received by this date). Call (952) 380-2222, and use your Visa, MasterCard, Discover, or American Express, weekdays, 8:00 a.m.–5:00 p.m., central time. Or fax this form to (952) 380-2196, twenty-four hours a day, or mail it with your seminar donation to ECKANKAR, Attn: EWW Registration, PO Box 2000, Chanhassen, MN 55317-2000 USA.

**Preregister by October 19**

![Easy preregistration on the internet!](www.ECKseminars.org, “Preregister”)

<table>
<thead>
<tr>
<th>Name</th>
<th>___________________________________________________________</th>
<th>ECK ID #</th>
<th>ECK ID #</th>
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<tbody>
<tr>
<td>Phone</td>
<td>(<strong><strong>) (</strong></strong>) (<strong><strong>) (</strong></strong>) Age ___________________________</td>
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<td>Personal email address</td>
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<td>Address</td>
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<td>City</td>
<td>___________________________ State/Province</td>
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<td>Zip/Postal Code</td>
<td>___________________________ Country</td>
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Check if new address.

Additional family members in the same household to preregister:

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<th>___________________________________________________________</th>
<th>ID #</th>
<th>ID #</th>
<th>Age</th>
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<tr>
<td>Age (under 23)</td>
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We accept Visa, MasterCard, Discover, and American Express.

Card # ___________________________ Exp. date ___________________________

Signature of cardholder ___________________________

**Requested Seminar Donation**

<table>
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<tr>
<th>For all sessions</th>
<th>Pre-registration</th>
<th>At the door</th>
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</thead>
<tbody>
<tr>
<td>Guest (adult nonmember)</td>
<td>Saturday complimentary</td>
<td>$20</td>
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<tr>
<td>Individual member</td>
<td>$185</td>
<td>$200</td>
</tr>
<tr>
<td>Each additional adult in family</td>
<td>$90</td>
<td>$110</td>
</tr>
<tr>
<td>College student</td>
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<tr>
<td>(18–22 years)</td>
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<td>$40</td>
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<tr>
<td>Youth (13–17 years)</td>
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<td>$35</td>
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<tr>
<td>Youth (5–12 years)</td>
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<td>$25</td>
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</table>

Seminar registration donation enclosed $__________

Temple and hotel busing donation ($5–10 per adult suggested) $__________

Grand Total $__________

All amounts must be in US funds, and all checks payable to ECKANKAR through a US bank. Seminar donations are not returnable.

**ECKANKAR Guests New to ECKANKAR?**

You are warmly invited to attend seminar events Fri., Sat., and Sun. Be our guest on Saturday with no donation requested. To register, mail or fax this form, or call (952) 380-2222, or visit www.ECKseminars.org. Or stop by Seminar Registration (Lobby B, Level One, Minneapolis Convention Center) for on-site registration.

**Housing Form**

Due September 28

Mail or fax this form to: Minneapolis Housing Bureau

c/o Meet Minneapolis, 250 Marquette Avenue South, Suite 1300

Minneapolis, MN 55401 USA

Fax (612) 767-8201

Or call: (888) 947-2233 (toll-free in USA and Canada)

(612) 767-8200 (international callers)

Call Monday–Friday, 8:00 a.m.–3:00 p.m., central time.

Please have credit card and arrival and departure dates ready.

Fill in this information completely (please print clearly):

<table>
<thead>
<tr>
<th>Arrival date</th>
<th>Departure date</th>
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<table>
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<tr>
<th>Hotel choices (honored on a space-available basis; see list on page 7)</th>
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<tbody>
<tr>
<td>First choice</td>
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<tr>
<td>Third choice</td>
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</table>

Room requested: King | Double/Double | Number of guests in room |

A guarantee is required before a reservation can be processed. Please identify your method of guarantee below. NOTE: Your credit card will only be charged if your reservation is canceled within the penalty period. (See hotel cancellation policies at the bottom of this page.) If guaranteeing with a debit card, the hotel will hold an amount determined by your bank and the hotel; for questions, contact the hotel directly. If guaranteeing by check or money order, make it payable to Meet Minneapolis in the amount of one night’s room cost (as shown on page 7, plus 13.15 percent tax); please calculate the guarantee based on your first-choice hotel. Mail your check or money order with this form.

<table>
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<tr>
<th>Credit card</th>
<th>Card #</th>
<th>Exp. date</th>
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</table>

Expiration date | Signature of cardholder |
|---------------|------------------------|

Or check or money order enclosed $__________

Please fill in below: (If you do not receive your confirmation by September 28, please contact the Minneapolis Housing Bureau by phone, fax, or mail.)

<table>
<thead>
<tr>
<th>Name</th>
<th>___________________________</th>
<th>last (family)</th>
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<tbody>
<tr>
<td>Phone</td>
<td>(Day) ______________________</td>
<td>Fax # _______</td>
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<tr>
<td>Email</td>
<td>___________________________</td>
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</table>

Names of additional room occupants: (Send only one form for all those sharing a room. If you are requesting more than one room, send a separate form for each room.)

| City | ___________________________ | State/Province |
| Zip/Postal Code | ___________________________ | Country |

Hotel cancellation policies: 1. If you cancel your reservation after September 28 or fail to show up after making a reservation ("no-show"), you will be charged or forfeit one night’s room and tax. 2. Early departures are subject to hotel penalty fees.
Minneapolis Housing and Travel Information

Why stay at a seminar hotel? First, the special room rates. Also, by staying at a seminar hotel you help us fulfill our hotel contracts. If ECKANKAR does not fill enough hotel rooms, we incur costly hotel penalties. We appreciate your support!

Contact the Minneapolis Housing Bureau to reserve your room. If you contact the hotels directly, you may be told they are sold out, since rooms are already blocked for the ECK Worldwide Seminar.

Reminder: If you cancel your reservation after September 28 or fail to show up (no-show), you will lose your entire guarantee.

Official Travel Agency for Lowest Fares
Travel One offers convenient, affordable travel!
Travel One searches all airline and internet sites for the lowest airfare—and can arrange car rentals too—all for $15 per reservation.

Contact Travel One for more information:
Phone: 1-800-836-5296 (toll-free) or (952) 814-7201
(7:30 a.m.–6:00 p.m., central time)
Email: Eckankar@traveloneinc.com

Transportation
Airport to downtown: Taxis, approximately $40.00–$50.00 one way; SuperShuttle, $16.00 one way. Light Rail Transit one way to Nicollet Mall Station (see map below); $2.00 non-rush hour, $2.50 rush hour. For schedules and rates, call (612) 373-3333 or visit www.metrotransit.org.

Additional information is available at the airport’s Traveler Assistance booths, the Minneapolis Convention Center’s Visitor’s Information Center, and ECKANKAR Hospitality at the seminar.

Hotel shuttle buses: There will be busing between hotels 1, 2, and 3 (see map below) and the convention center (hotels 4 and 5 are within walking distance.) The Friday-evening ECK New Year Dance and Saturday-evening Dessert Social are at the Minneapolis Convention Center, and bus service is provided to all listed hotels until midnight.

<table>
<thead>
<tr>
<th>Hotels</th>
<th>Single/Double/Triple/Quad</th>
<th>Rate</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Hilton Minneapolis (headquarters hotel)</td>
<td>$165</td>
<td>Includes 5 percent food and beverage discount at hotel</td>
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<tr>
<td>2. DoubleTree Suites by Hilton Minneapolis</td>
<td>$149</td>
<td></td>
<td></td>
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<tr>
<td>3. Hilton Garden Inn</td>
<td>$135</td>
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<td>4. Hyatt Regency Minneapolis</td>
<td>$163</td>
<td>Hotel will offer the Group a 20% breakfast buffet discount in Prairie Kitchen and Bar.</td>
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<tr>
<td>5. Millennium Hotel Minneapolis</td>
<td>$156</td>
<td>Includes 10 percent food and beverage discount at hotel</td>
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</table>

Daily rates shown above do not include 13.15 percent state and city room tax. Taxes are subject to change.
### Gifts of Giving

Get into this habit of giving. It will bring you more spiritual fulfillment and a greater state of consciousness. Yet, let your gifts be pure, and always from your heart.

—Sri Harold Klemp, The Temple of ECK

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### Celebrate

**The Year of Giving at the Temple of ECK.**

**Make Thursday, October 25,** your “Visit the Temple of ECK” day! Come before the seminar begins for a pilgrimage and preparation day at the Temple.

**Attend an ECK New Year celebration:** noon, 3:30 p.m., or 7:00 p.m.

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**Friday—Sunday:** HU Songs in the ECK Celebrations of Life Chapel (outdoors) and sanctuary (indoors) • Tea and music in the fellowship hall • tours • beautiful artwork • quiet contemplation in the chapel

**Sunday:** Tour the ECKANKAR Spiritual Center and attend a HU Song. Take a shuttle at the Temple of ECK 12:05–2:35 p.m., or walk or drive. Check the schedule at the Temple host desk.

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### Buses to the Temple

**Thursday,** there will be busing between the convention center and the Temple of ECK. Buses leave the convention center every half hour, 9:30 a.m.–6:00 p.m. The last buses will leave the Temple immediately following the evening ECK New Year celebration.

**Friday and Saturday,** buses will leave the convention center every half hour, 11:30 a.m.–2:30 p.m.

**Sunday,** buses leave every half hour from the convention center, 11:30 a.m.–3:30 p.m. The last bus leaves the Temple for the convention center at 5:45 p.m. Shuttles from the Temple to the airport transit center are $15 and leave every half hour, 1:00–5:00 p.m.

**For more information** at the seminar, stop by Temple of ECK Information, Main Lobby, Level One, Minneapolis Convention Center.

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### Temple of ECK Hours

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
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<tr>
<td>Sunday (10/21)</td>
<td>9:00 a.m.–4:30 p.m.</td>
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<tr>
<td>Monday/Tuesday (10/22–10/23)</td>
<td>noon–9:00 p.m.</td>
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<tr>
<td>Wednesday (10/24)</td>
<td>10:00 a.m.–9:00 p.m.</td>
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<tr>
<td>Thursday (10/25)</td>
<td>10:00 a.m.–8:00 p.m.</td>
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<tr>
<td>Friday/Saturday (10/26–10/27)</td>
<td>noon–4:00 p.m.</td>
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<tr>
<td>Sunday (10/28)</td>
<td>noon–6:00 p.m.</td>
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<tr>
<td>Monday (10/29)</td>
<td>9:00 a.m.–9:00 p.m.</td>
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<tr>
<td>Tuesday (10/30)</td>
<td>noon–3:00 p.m.</td>
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<tr>
<td>Wednesday (10/31)</td>
<td>noon–9:00 p.m.</td>
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<tr>
<td>Thursday (11/1)</td>
<td>noon–2:00 p.m.</td>
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A place where everyone is welcome. A place where joy, kindness, and love are shared.

—SK, Ontario, Canada

A spiritual ground where I feel I am in the arms of God.

—Seminar attendee

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Art by Raoof Haghighi (pages 1, 4); Marianne Kenyon (page 2); Photos by Abbie Burgess (page 3); Stan Burgess (page 7); Bruce Fuller (page 3); Art Galbraith (pages 1, 2); Bree Renz (pages 1, 3, 5); Steve Runfeldt (pages 1, 2, 3); Sharmaine Wittsock (page 8).

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