

It Comes In Waves

I met a fish
swimmin' in the ocean
He was on a trip
He had a long way to go
I said, Hey fish
Tell me 'bout your progress
Is it goin' fast
or are you goin' slow?

Chorus

It comes in waves
He said it comes in waves
It comes in waves
Like the rhythm of the ocean
There's an ebb and there's a flow
and you can learn how to ride them
to take you where you want to go

I had a friend
started his own business
Put all he had
on the dotted line
I said, Hey bro'
Gettin' many customers?
He said to me
It's like everything in life

Chorus

It comes in waves
He said it comes in waves
It comes in waves
Like the rhythm of the ocean
There's an ebb and there's a flow
and you can learn how to ride them
to take you where you want to go

I met a man
standin' by the river
and he said, Son
there's something you should know
about a love
that makes life worth livin'
and when you catch it
it will carry you back home

And the fishes in the ocean
travel a circular motion
And they're swimmin' on the bottom
and living inside a garden
Oooh, they're in love with life
Oooh, they're filled with life
They're swimmin' and dancin' and laughin'
in the coral and the waves

There's a rhythm to the ocean
There's an ebb and there's a flow
and we can learn how to ride them
to take us where we want to go

It comes in waves!

Composed by Francine Joy and Steve Keating with permission from Eileen Casey.