

The 2025 ECK Worldwide

Soul Adventure Seminar

OCTOBER
24-26, 2025
MINNEAPOLIS, MINNESOTA

Know Before You Go!

Seminar location: MCC (Minneapolis Convention Center)

TAP TO LEARN MORE

1

Getting to/from MSP Airport
and Downtown Hotels

Seminar Event Maps at MCC

2

Temple of ECK Hours

Sunday Airport Shuttle
from Temple of ECK

3

Hotel Shuttles to MCC

Seminar Skyway Schedule

4

Bringing Your Children?

Young-Adult Program
(for ages 18-40)

5

Downtown Safety Escorts

MCC Security & First Aid

6

Lost and Found

Coat & Luggage Check at MCC

7

Wheelchair and Scooter Rental

American Sign Language (ASL)

8

Language Translations

More Tips—in Greater Detail!

Getting to/from MSP Airport and Downtown Hotels

(*Collapsible* wheelchairs are permitted on Temple and hotel shuttles.)

Seminar Airport Shuttle

Cost: \$35 per person



Reserve a seat!



Taxi

Estimated cost: \$39–\$49

Approximately 30-minute ride

Metro Transit Light Rail

Metro Transit app to purchase tickets (Blue Line)

Estimated cost: \$2.50 during rush hour

Call for questions: (612) 373-3333

Safety when riding: Text (612) 900-0411 to report suspicious or threatening behavior, or call 911.

Seminar Event Maps at MCC

Navigation made easy!

Check out these MCC seminar-event maps.



See the maps.





Temple of ECK Hours



Temple of ECK Hours

Sunday Airport Shuttle from Temple of ECK

(Collapsible wheelchairs are permitted on Temple and hotel shuttles.)

Cost: \$30 per person (*cash only*)

Approximately 45-minute ride

Departs from the Temple of ECK every hour from 1:00 to 6:00 p.m.



Provided only on Sunday.

Hotel Shuttles to MCC

All seminar hotels include shuttle service to/from the MCC.

(Collapsible wheelchairs are permitted on Temple and hotel shuttles.)

Thursday	8:00 a.m.–10:00 p.m.
Friday	6:30 a.m.–11:30 p.m.
Saturday	6:30 a.m.–11:30 p.m.
Sunday	7:30 a.m.–12:30 p.m.

Seminar Skyway Schedule

The Hilton, Hyatt, Sheraton, and MCC are connected via the skyway system.

Wednesday	6:00 a.m.–10:00 p.m.
Thursday	6:00 a.m.–11:00 p.m.
Friday	6:00 a.m.–midnight
Saturday	6:00 a.m.–midnight
Sunday	6:00 a.m.–6:00 p.m.

Children



TAP ➔ Bringing Your Children?

Young Adults



TAP ➔ Young-Adult Program (for ages 18–40)



or scroll down

4



Bringing Your Children?

Families

There is a family workshop on Friday and another on Saturday.

Families can view the main program via live video feed Friday and Saturday evening at the ECK Family Hearthstone in room 200 E.

Parents with Children Under Age 5

Visit the Parent Room! Events include parent discussions, live video feed of the Friday and Saturday evening main program, and other scheduled events.

Ages 5–13

Programs for ages 5–7, 8–10, and 11–13 are held Friday and Saturday afternoon. Parents sign their children in and out.

Ages 13–17

Programs include a meet and greet, workshops, youth forums, and more! Parents sign in youth before they attend. Afterward, youth may come and go from the program.



*or scroll down for
Young-Adult Program*

Young-Adult Program

THURSDAY

Young-Adult Meet and Greet

This fun, interactive event is a chance to meet new people and explore what the seminar may hold for you!

7:00–8:00 p.m.

FRIDAY

Relying on the MAHANTA as Your Inner Search Engine

(Young-Adult Roundtable)

10:30–11:30 a.m.

Balancing Responsibility and Detachment in the Face of World Events

(Young-Adult Roundtable)

1:45–2:45 p.m.

Your Role in the Golden Age of ECKANKAR

(for ECK students ages 18–40)

3:15–4:45 p.m.

SATURDAY

Balancing Responsibility and Detachment in the Face of World Events

(Young-Adult Roundtable)

1:15–2:15 p.m.

Cultivating the Qualities of Mastership with the Spiritual Laws of Life

(Young-Adult Workshop)

2:30–4:00 p.m.



Want an Escort When Walking Downtown?

DID* Ambassadors are available to help with directions, safety concerns, or escorting you to a nearby location.

Look for people in blue jackets with the DID logo.

(* Downtown Improvement District)



MplsDID.com/ambassadors

(612) 332-1111

Monday–Saturday

6:00 a.m.–11:00 p.m.

Sunday

6:00 a.m.–6:00 p.m.

MCC Security

If you need assistance, call MCC Command Center:

(612) 335-6040

First Aid Station



Located around the corner from Dunn Brothers Coffee, Lobby C, Level One



Lost and Found

ECK Hospitality Desk, Lobby C, MCC

MCC: (612) 335-6040



MCC Lost & Found System

Temple of ECK: Inquire at the luggage tent.

After the seminar, call ECKANKAR: (952) 380-2200.

Coat & Luggage Check at MCC

Location: near Dunn Brothers Coffee

Cost: \$5 per item

Friday 3:00 p.m.–10:00 p.m.

Saturday 3:00 p.m.–10:00 p.m.

Sunday 8:00 a.m.–7:00 p.m.

Wheelchair and Scooter Rental

(*Collapsible* wheelchairs **are** permitted
on Temple and hotel shuttles.)

Options

ECK Hospitality Desk, Lobby C, MCC

Wheelchair: \$30/seminar duration
(cash/check required)

Inquire at the desk, Thursday to Sunday morning.
Reservations not accepted. Limited supply.

MCC Visitor Information Center

Location: across from Dunn Brothers Coffee

Wheelchair: \$20/day (credit card required)

Scooter: \$50/day (credit card required)

Call (612) 335-6040 to check on availability.
Open daily from 8:00 a.m. to 4:30 p.m. Limited
supply.

Want More Choices?

Search online for "Wheelchair and scooter rentals
in Minneapolis."

American Sign Language (ASL)



ASL is signing for the deaf
and hard of hearing.

Services available upon request.

Location: Request ASL services at the
ECK Hospitality Desk, Lobby C.

Language Translations

Languages: **French** **German**
 Italian **Spanish**

Locations: Hall B—Main Hall Programs
 Ballroom A—Workshops
 M100 C—Workshops
 L100 C—Satsang Intensives

Les satsangs intensifs en français seulement
sont situés au deuxième niveau, salle 205 A.

Language Translations Desk, Lobby B

Rent language-translations device and head-
set here.

Rental fee: \$25 (cash only)

More Tips—in Greater Detail!

Minneapolis Skyway System

Minneapolis Foodie Favorites

Minneapolis Light Rail and Bus

Accessibility at the MCC

and more!



Minneapolis Welcomes ECKANKAR

