

2026 ECK Worldwide Soul Adventure

Seminar at a Glance

Minneapolis, Minnesota • October 23–25, 2026

Program as of 08/31/2026. Subject to change.

For the **Temple of ECK Seminar Schedule**, see page 4.

For the **Youth and Family Program Schedule**, see page 5.

THURSDAY, OCTOBER 22

Thursday Evening

6:00–6:45 p.m.	HU Song and Volunteer Sign-Up
6:30–7:30 p.m.	Language Translators Training (by invitation)
7:00–8:00 p.m.	Young-Adult Meet and Greet (for ages 18–40)
7:30–9:15 p.m.	Roundtable Facilitators Meeting and Roundtable (current ESA ID required)
8:00–9:30 p.m.	Young-Adult VibeSpace (for ages 18–40)

FRIDAY, OCTOBER 23

Friday Morning

9:00–9:30 a.m.	HU Song
	Brothers of the Leaf HI Chant (for High Initiates)
9:30 a.m.–10:30 p.m.	Young-Adult VibeSpace (for ages 18–40)
10:00–11:30 a.m.	ECK Clerics Meeting (current ECK cleric ID required)
10:00–11:15 a.m.	Discover Spiritual Treasure as a Family (family workshop)
10:15–11:45 a.m.	Secrets of Spiritual Healing: A Secret to Spiritual Living (workshop)
10:15–11:30 a.m.	A Whole New World (Satsang intensive for ECK students)
	Un tout nouveau monde (Satsang intensif à l'intention des étudiants ECK)
10:30–11:30 a.m.	Roundtables

SATSANG INTENSIVES

To preview the Satsang-intensive handouts, visit Eckankar.org > Initiate Pages > Spiritual Services.

Friday Afternoon

Noon–5:00 p.m.	Relax and Connect! (Seminar Get-Together)
1:00–2:30 p.m.	Change Your Consciousness, Change Your Life! (workshop)
1:15–2:30 p.m.	Health Is Harmony (Satsang intensive for ECK students) L’harmonie favorise la santé (Satsang intensif à l’intention des étudiants ECK)
1:45–2:45 p.m.	Roundtables
3:00–4:30 p.m.	Shine Your Light in the World (meeting for ECK students ages 18–40) Easy Way Arahata Forum (for ECK Arahatas)
3:30–4:30 p.m.	Roundtables
3:45–5:00 p.m.	Resonate to the God Current Within You (workshop)

Friday Evening

7:00–7:30 p.m.	HU Song
7:45–9:00 p.m.	Main Program
9:30–10:45 p.m.	ECK Spiritual New Year Dance

SATURDAY, OCTOBER 24

Saturday Morning

9:00–9:15 a.m.	HU Song
9:30 a.m.–10:30 p.m.	Young-Adult VibeSpace (for ages 18–40)
9:30–11:15 a.m.	Initiates Celebration (for all ECK students and their families)
10:00–11:00 a.m.	Raise Your Spiritual IQ!—Explore Your Unlimited Spiritual Potential (workshop for those new to ECKANKAR)

Saturday Afternoon

Noon–5:00 p.m.	Relax and Connect! (Seminar Get-Together)
12:30–2:00 p.m.	Secrets of Spiritual Healing: A Secret to Spiritual Living (workshop)
1:00–2:30 p.m.	Adventures in ECK Parenting Forum (ECK parents) Step into a Whole New World of Love (young-adult workshop: 18–40 only)
1:00–2:15 p.m.	Health Is Harmony (Satsang intensive for ECK students) L’harmonie favorise la santé (Satsang intensif à l’intention des étudiants ECK)

1:15–2:15 p.m.	Roundtables
3:00–4:30 p.m.	ECK Initiators Meeting (current ECK Initiator ID required)
3:30–5:00 p.m.	Change Your Consciousness, Change Your Life! (workshop)
3:45–5:00 p.m.	A Whole New World (Satsang intensive for ECK students)
	Un tout nouveau monde (Satsang intensif à l'intention des étudiants ECK)
3:45–4:45 p.m.	Roundtables
4:00–5:00 p.m.	Family Fun with Spiritual Goal Setting (family workshop)

Saturday Evening

7:00–9:00 p.m.	Main Program with Featured Talk by Sri Doug Kunin, the MAHANTA, the Living ECK Master
9:00–10:30 p.m.	Dessert Social

SUNDAY, OCTOBER 25

Sunday Morning

9:30–10:00 a.m.	HU Song, Video by Sri Doug Kunin, and Conclusion of Program
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11:30 a.m.–5:30 p.m.



You are invited to the Temple of ECK to enjoy fellowship, HU Chants, spiritual art, and the contemplation trails!



Temple of ECK Seminar Schedule

Hours *before and during* the Seminar

Monday (10/19)

5:00–9:00 p.m.

Tuesday (10/20)

noon–5:00 p.m.

Wednesday (10/21)

noon–5:00 p.m.

Thursday (10/22)

noon–5:00 p.m.

ECK Spiritual New Year Celebrations at 1:30 and 3:30 p.m.

Friday (10/23)

noon–4:00 p.m.

Saturday (10/24)

12:15–4:00 p.m.

Sunday (10/25)

11:30 a.m.–5:30 p.m.

Hours *after* the Seminar

Monday (10/26)

10:00 a.m.–9:00 p.m.

Tuesday (10/27)

noon–2:00 p.m.

Wednesday (10/28)

noon–9:00 p.m.

Thursday (10/29)

noon–2:00 p.m.

Friday (10/30)

5:00–9:00 p.m.

Saturday (10/31)

Closed

Sunday (11/1)

10:00 a.m.–4:00 p.m.

(ECK Light and Sound Service begins at 11:00 a.m.)

Youth and Family Program Schedule

FRIDAY, OCTOBER 23

Friday Morning

10:00 a.m.–4:30 p.m.	Parent Room (for parents with their children under age 5)
10:00–11:15 a.m.	Discover Spiritual Treasure as a Family (family workshop)
10:00–11:00 a.m.	HU Song and ECK Creativity Hour (ages 13–17)
10:15–11:15 a.m.	Spiritual Gifts of Listening (spiritual discussion for parents with their children under age 5)
11:45 a.m.–12:30 p.m.	Story Time with the Illustrated ECK Parables (for parents with their children under age 5)

Friday Afternoon

12:45–3:30 p.m.	The Golden Heart (ages 5–7, 8–10, and 11–13)
12:45–1:45 p.m.	Youth Meet and Greet and HU Song (ages 13–17)
2:00–3:30 p.m.	Try Your Own Spiritual Wings (workshop for ages 13–17)
2:30–3:30 p.m.	Teaching Young Children About the MAHANTA and ECK Masters (roundtable for parents with their children under age 5)
3:45–4:30 p.m.	ECK Youth Forum: ECK Wisdom on Relationships (ages 13–17)

Friday Evening

7:00–9:00 p.m.	Parent Room (for parents with their children under age 5)
	Evening Program Viewing for Families—ECK Hearthstone Family Room in A Year of Spiritual Healing

SATURDAY, OCTOBER 24

Saturday Morning

9:30–11:15 a.m.	Initiates Celebration Viewing for Families (for all ECK students and their families) ECK Hearthstone Family Room
10:00 a.m.–4:30 p.m.	Parent Room (for parents with their children under age 5)
11:45 a.m.–12:15 p.m.	Music Fun Time! (for parents with their children under age 5)

Saturday Afternoon

Noon–1:00 p.m.	ECK Youth Spiritual Café (ages 13–17)
12:45–3:30 p.m.	Build a Happy Life (ages 5–7, 8–10, and 11–13)
1:00–2:30 p.m.	Adventures in ECK Parenting Forum (for ECK parents)

1:20–1:40 p.m.	HU Song (ages 13–17)
2:00–3:30 p.m.	ECK Fun Fair (ages 13–17)
3:30–4:30 p.m.	Spiritual Practices for When Life Is Busy (roundtable for parents with their children under age 5)
3:45–4:45 p.m.	What to Say When People Ask About ECK (workshop for ages 13–17)
4:00–5:00 p.m.	Family Fun with Spiritual Goal Setting (family workshop)

Saturday Evening

5:45–6:45 p.m.	Express Your Love for the MAHANTA (ages 13–17)
7:00–9:00 p.m.	Parent Room (for parents with their children under age 5)
	Special Family Event—ECK Hearthstone Family Room in A Year of Spiritual Healing
	View the main program via live video, including the highlight of this seminar: a talk by Sri Doug Kunin, the MAHANTA, the Living ECK Master.

SUNDAY, OCTOBER 25

Sunday Morning

9:30–10:00 a.m.	Closing Assembly (ages 13–17)
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11:30 a.m.–5:30 p.m.



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