ECKANKAR Presents:

**Soul Adventure Seminars!**

Changes abound as ECKANKAR enters this new era of reaching out to the awakening Souls on earth, today and tomorrow.

The tradition of referring to our October major seminar as the ECK Worldwide Seminar is undergoing renewal, making this momentous event more accessible to the public.

**Upcoming Changes**

This October, ECKANKAR presented the newly titled 2020 **ECK Spiritual New Year Celebration** as an **ECKANKAR Soul Adventure Seminar**. The theme was “The Power of Gratitude.”

Going forward, major seminars will be based on themes related to the twelve Spiritual Years of ECK.

**So What Is a Soul Adventure?**

A Soul adventure touches you at the very core of your being. You are Soul—a unique, creative spark of God!

These events help anyone explore new ways to unlock the divine knowledge and creativity already within the heart. They are presented by ECKANKAR and teach ECK.

**Twelve Secrets to Spiritual Living**

Each spiritual-year theme given by the Master embodies a secret to spiritual living. Sharing these with the public as seminar themes opens another portal for the spiritual beauty of the ECK teachings to reach the world.

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**THE SPIRITUAL YEARS OF ECK**

1. The Year of Light and Sound
2. A Year of Spiritual Healing
3. The Year of the Shariyat
4. Year of the ECK Missionary
5. A Year of HU
6. The Year of Giving
7. A Year of Blessing
8. The Year of Thanksgiving
9. A Year of Creativity
10. Year of the ECK Teacher
11. The Year of Graceful Living
12. A Year of Consecration

**TWELVE SECRETS TO SPIRITUAL LIVING**

1. Hearing the Secret Voice of God
2. Secrets of Spiritual Healing
3. Secrets of Living Truth Every Day
4. The Power of Mission
5. Discover the God Sound
6. The Spiritual Need for Giving
7. The Power of Blessing
8. The Power of Gratitude
9. Secrets of Divine Creativity
10. Become a Light to the World
11. The Power of Grace
12. Loving as God Loves