# ECKANKAR Spiritual Program

Welcome to the Wonderful World of ECK! Your Membership Guidebook

- **Karmadusters**
- **Arahata: Training**
- **Spiritual Duties of the ECK Volunteer**
- **Be the HU: How to Become a Co-worker with God**
- **Handbook for ECK Leaders**
- **The Golden Leaf**
- **Wisdom from the Master on Spiritual Leadership: ECK Leader's Guide**

**Clergy Training**
- Clergy Training
- Initiator Training
- ESA Training

**New Member**
- 1 Second Initiation
- 3 4 Self-Realization
- 6 7 8 9 10 11 12 God-Realization

- **All**
- Discourses
- *The Mystic World*
- HU Chants
- Sound of Soul events
- Chela Meetings/Workshops

- Satsang Classes
- Seminars
- ECK Light and Sound Services
- Four ECK Celebrations of Life

See *Your Road Map to the ECK Teachings: ECKANKAR Study Guide* for a descriptive overview of ECK books, discourses, and recordings.