

ECKANKAR Spiritual Program



Welcome to the Wonderful World of ECK! Your Membership Guidebook
ECK Arahata Book

Karmabusters book and workshop
Spiritual Duties of the ECK Volunteer booklet and training
Arahata Training book and workshop
Be the HU: How to Become a Co-worker with God book and training

Handbook for ECK Leaders book and training

The Golden Leaf booklet and training
Spiritual Duties for the ECK High Initiate book and training
Wisdom from the Master on Spiritual Leadership: ECK Leader's Guide book (any volume), workbook, and training
The Holy Fire of ECK (any volume)
Riding for the ECK Brand

Clergy

- Clergy Training
- Initiator Training
- ESA Training



New Member

1

Second Initiation

3 4

Self-Realization

6 7 8 9 10 11 12

God-Realization

- Discourses
- *The Mystic World*
- HU Chants
- Sound of Soul events
- Chela Meetings/Workshops

All

- Satsang Classes
- Seminars
- ECK Light and Sound Services
- Four ECK Celebrations of Life

See *Your Road Map to the ECK Teachings: ECKANKAR Study Guide* for a descriptive overview of ECK books, discourses, and recordings.