



# Advanced Spiritual Living: ECK Discourse Study and Satsang Class

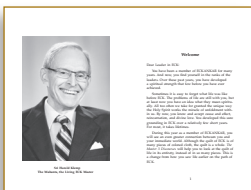


By Sri Harold Klemp

Each year of ECK membership sets you—Soul—upon a voyage of higher awareness. This journey touches the many shores of daily life as well as vast inner worlds awaiting your discovery.

High adventure all the way.

## Membership Discourse First



Every month **explore your personal membership lesson**. The ECK discourses are written with a secret, internal rhythm that gradually unfolds your consciousness in a very precise and orderly manner.

One discourse lesson at a time, the Mahanta pulls away the veils that cloak **the radiant light and freedom of Soul**.

This gives you strength to meet challenges of every kind, reveals the power of the Inner Master's presence, and brings confidence in yourself as Soul—a divine spark of God.

## Keeping the Rhythm



Month by month, keep to the rhythm of your membership discourse. **It's matching your heartbeat to that of the Inner Master.** Spiritual transformation will be seen and felt in every part of your life.

Combined with the Spiritual Exercises of ECK, it is your lifeline to **higher awareness and preparation for the ECK initiations**.

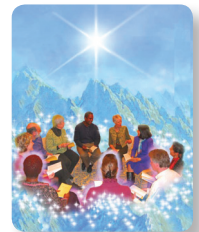
## The Role of Satsang

The ECK Satsang class is a supplementary path of unfoldment with many spiritual benefits for the ECK chela.

**Satsang class is a review**, so you will find that your class is on a different lesson than your personal membership study.

Here's how to prepare:

- Go over or skim the Satsang lesson a few days before your class.
- You can also revisit the spiritual exercise from the Satsang lesson days before the class.
- The last thing to do before stepping out the door on the way to class is a spiritual exercise.



This inner and outer preparation attunes you to receiving the Mahanta's highest gifts of insight, joy, and divine love during class.

Bring your **questions**, share **key realizations** and experiences, **and be inspired by the journeys of others**. The Mahanta offers rich experiences and new perspectives with every class.

## Heart and Soul

**The Satsang review does not replace the monthly personal study.** So you'll want to keep up your sacred rhythm with the Inner Master via your membership lessons and the Spiritual Exercises of ECK.

**Together, they are the heart and soul of advanced spiritual living.**