

Arahata Keys for Satsang Intensives

The inner teachings of the Mahanta are revealed through the practice of the spiritual exercise.



—Sri Harold Klemp, *ECK Arahata Book (EAB)*, p. 25



MOVING IN GRACE

In the *EAB* Sri Harold writes,

The Shariyat goes on to say that “When one attends an ECK Satsang, he becomes refined in the presence of others and moves in grace toward becoming an instrument of the SUGMAD. He becomes closer to the Mahanta in spirit and they can communicate secretly. The relationship between the two is of a love greater than words can express; it is the highest of any love.” (p. 6)

In contemplation, fill your heart with gratitude for this secret communication and for the joy of serving as the Master’s Arahata. Then watch and listen for his great love as you prepare for this special Satsang.

What does he show you inwardly?

THE GOLDEN GATES

The whole field of ECK study centers upon the revelations of the Inner and Outer Master. The outer works of ECK are the golden gates to the higher spiritual planes. (*EAB*, p. 1)

Take time to contemplate the Living Word passages for the intensive, and experience revelations for yourself.

Ask the Mahanta for ways to convey the inner treasure that lies above, behind, and within the outer words.

A MUSICAL RHYTHM

Impress upon them that they are listening for the musical rhythm of the Heart. They are making the effort to cross the bridge from the outer works to the Light and Sound, which is where the true teachings have their home. (*EAB*, p. 24)

Your preparations will reveal new ways for you to hear the musical rhythm of the heart in the HU. What are you finding? Your realizations of this will give authenticity to your words.

THE ARAHATA ASKS . . .

Here, someone in class reads a paragraph, and the Arahata asks a *specific* question. (*EAB*, p. 21)

The Master will help you penetrate the surface of the mind and form questions that engage wisdom of the heart. These questions invite chelas to reach beyond the known.

Here’s an example:

See the quote on page 1 of *Satsang Intensives*. Why does the chela’s heart need unlocking? Imagine the Mahanta opening your heart with a key of blazing light. What happens?