



(Updates are in red)

## **Seminar Updates**

August 23, 2021

Here are some quick updates for the 2021 ECKANKAR Soul Adventure Seminar in October. This and future updates can also be found on our website under 2021 ECK Soul Adventure Seminar > Learn more about the Event > [Seminar Updates](#).

### **Chela Gathering**

All ECKists **and their families** are invited to the Chela Gathering Saturday morning, October 23. It will include a special spiritual exercise with a 20-minute HU Chant. This is in place of the video address by Sri Harold previously announced.

**Reminder:** There will be a video address by Sri Harold on Saturday night.

### **Health and Safety Update**

As the Covid-19 outbreak continues to evolve, ECKANKAR is paying close attention to new regulations from government authorities. Please take the health steps you consider best for you and your family.

### **Essential Information for Travel and Seminar Attendance**

#### **Required for Minneapolis Convention Center (MCC):**

- The City of Minneapolis **now requires masks** for everyone *medically able to tolerate a face covering*, age 2 and older, when inside City buildings, including the Minneapolis Convention Center.

#### **Not required at MCC:**

- Social distancing and proof of vaccination status are **not** required.

#### **May be required (hotels and restaurants):**

- Hotels and restaurants determine their own precautions. Contact them directly for the latest info. Info from some hotels is listed at [Meet Minneapolis](#) under "COVID-19 INFO."

**Travel Planning:**

- Covid-19 restrictions vary worldwide. Before booking your flight and hotel, check the travel and quarantine rules for all your destinations, including for your return home.

At this time, we plan to hold the seminar and look forward to welcoming attendees.

The Temple will be open beginning Wednesday, October 20. Click [here](#) for details. Precautions are under consideration.

If conditions change updates will be posted on our website [here](#), and we'll send an email to everyone on our list.

Many thanks, with love in ECK,

The ECKANKAR Spiritual Center