

# ECKANKAR Spiritual Program



*Welcome to the Wonderful World of ECK! Your Membership Guidebook*  
*ECK Arahata Book*

*Way of the Initiate*  
*Karmabusters* book and workshop  
*Spiritual Duties of the Arahata* Training  
*Be the HU: How to Become a Coworker with God*  
*Handbook for ECK Leaders* booklet and training

*The Golden Leaf*  
*Spiritual Duties of the ECK High Initiate* booklet and training  
*Wisdom from the Master on Spiritual Leadership: ECK Leader's Guide* book (all volumes), workbook, and training  
*The Holy Fire of ECK* (all volumes)  
*Riding for the ECK Brand*

## Clergy

- Clergy Training
- Initiator Training
- ESA Training



New Member

1

Second Initiation

3 4

Self-Realization

6 7 8 9 10 11 12

God-Realization

- Discourses
- *The Mystic World*
- Satsang Intensives
- Chela HU Chants
- Chela Meetings/Workshops

All

- Satsang Classes
- Seminars
- ECK Light and Sound Services
- Sound of Soul Events
- Four ECK Celebrations of Life

See *Your Road Map to the ECK Teachings: ECKANKAR Study Guide* for a descriptive overview of ECK books, discourses, and recordings.