

2023 ECK Soul Adventure Seminar

Seminar at a Glance

Minneapolis, Minnesota • October 19–22, 2023

Program as of 07/20/2023. Subject to change.

For **Temple of ECK Seminar Schedule**, see page 3.
For the **Youth and Family Program Schedule**, see page 4.

THURSDAY, OCTOBER 19

Thursday Evening

6:00–6:45 p.m.	HU Song and Volunteer Sign-Up
6:30–7:30 p.m.	Simultaneous Language Translators Training (by invitation)
7:00–8:00 p.m.	Young-Adult Meet and Greet (for ages 18–35)
7:30–9:15 p.m.	Roundtable Facilitators Meeting and Roundtable (current ESA ID required)

FRIDAY, OCTOBER 20

Friday Morning

9:00–9:30 a.m.	HU Song
10:00–11:30 a.m.	Soul Travel—Adventures in Higher Consciousness (workshop)
10:00–11:00 a.m.	Roundtables
11:45 a.m.–12:45 p.m.	Roundtables

Friday Afternoon

noon–5:00 p.m.	Seminar Get-Together: Talk and Connect!
1:00–2:30 p.m.	ECK Initiators Training (current ECK Initiator ID required)
	Living with Spiritual Grace (Satsang intensive for ECK chelas)
3:00–4:00 p.m.	Prophecy for the Moment: Getting the Message of Your Waking Dreams (workshop)
4:00–5:15 p.m.	Your Role in the Golden Age of ECKANKAR (for ECK chelas ages 18–35)
4:15–5:15 p.m.	Roundtables

SATSANG INTENSIVES

To preview the Satsang-intensive handouts, visit Eckankar.org > [Initiate Pages](#) > [Spiritual Services](#).

Friday Evening

7:00–7:30 p.m.	HU Song
7:45–9:00 p.m.	Main Program

9:30–10:45 p.m.

ECK New Year Dance

SATURDAY, OCTOBER 21

Saturday Morning

9:00–10:00 a.m.

The Language of Love (family workshop)

9:00–9:30 a.m.

Brothers of the Leaf HI Chant (for High Initiates)

HU Song

10:00–11:00 a.m.

Chela Gathering (for all ECK chelas)

Guest Chat: Have You Had a Spiritual Experience? (for those new to ECKANKAR)

11:30 a.m.–12:30 p.m.

Roundtables

Saturday Afternoon

noon–5:00 p.m.

Seminar Get-Together: Talk and Connect!

1:00–2:30 p.m.

The Power of Grace: A Secret to Spiritual Living (workshop)

1:15–2:15 p.m.

Roundtables

2:30–3:30 p.m.

Special Forum for ECK Parents: Parenting with Grace and Creativity

2:45–4:15 p.m.

Healing, Health, and Harmony (Satsang intensive for ECK chelas)

3:00–4:15 p.m.

Living the ECKshar (workshop for High Initiates)

3:00–4:00 p.m.

Roundtables

Saturday Evening

7:00–9:00 p.m.

Main Program with talk by Sri Harold Klemp, the MAHANTA, the Living ECK Master

After the Saturday-evening program, for one hour

Guest Chat: Explore Your Next Spiritual Step (for those new to ECKANKAR)

9:00–10:30 p.m.

Dessert Social

SUNDAY, OCTOBER 22

Sunday Morning

9:30–10:00 a.m.

HU Song and Conclusion of Program

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You are invited to the Temple of ECK to enjoy fellowship, HU Chants, spiritual art, and the contemplation trails!

Open noon to 6 p.m.



Temple of ECK Seminar Schedule

Hours before and during the Seminar

Monday (10/16)

5:00–9:00 p.m.

Tuesday (10/17)

noon–5:00 p.m.

Wednesday (10/18)

noon–5:00 p.m.

Thursday (10/19)

noon–5:00 p.m.

1:30 p.m. and 3:30 p.m. ECK New Year Celebration

Friday (10/20)

noon–4:00 p.m.

Saturday (10/21)

noon–4:00 p.m.

Sunday (10/22)

noon–6:00 p.m.

Hours after the Seminar

Monday (10/23)

10:00 a.m.–9:00 p.m.

Tuesday (10/24)

noon–2:00 p.m.

Wednesday (10/25)

noon–9:00 p.m.

Thursday (10/26)

noon–2:00 p.m.

Friday (10/27)

noon–9:00 p.m.

Saturday (10/28)

noon–4:00 p.m.

Sunday (10/29)

noon–4:00 p.m.

Youth and Family Program Schedule

Friday, October 20

Friday Morning

11:15 a.m.–12:15 p.m. **Recognizing Your Family Members as Sparks of God** (spiritual discussion for parents with their children under age 5)

Friday Afternoon

1:00–3:30 p.m. **How God Speaks to You** (ages 5–13)

1:00–1:45 p.m. **Youth Meet and Greet and HU Song** (ages 13–17)

2:00–3:30 p.m. **Getting Guidance, Answers, and Protection from the ECK** (workshop for ages 13–17)

3:30–4:30 p.m. **Finding More Insight, Harmony, and Joy in Your Own Spiritual Life** (roundtable for parents with their children under age 5)

3:45–4:30 p.m. **ECK Youth Forums:** (ages 13–17)

- **Finding the Spiritual Opportunities in All of Your Relationships**
- **Making Your Own Happiness!**

Friday Evening

7:00–9:00 p.m. **ECK Family Hearthstone in The Year of Graceful Living** (includes the main program via live video feed)

Saturday, October 21

Saturday Morning

8:30–11:30 a.m. **Field Trip to a Golden Wisdom Temple** (field trip for ages 13–17)

9:00–10:00 a.m. **The Language of Love** (family workshop)

11:15 a.m.–12:15 p.m. **Helping My Child Go to the Temple within the Heart** (roundtable for parents with their children under age 5)

Saturday Afternoon

1:00–3:30 p.m. **Surfing the Waves of Life** (ages 5–13)

1:30–1:50 p.m. **HU Song** (ages 13–17)

2:00–3:30 p.m. **Loosening the Rope of Karma** (workshop for ages 13–17)

2:30–3:30 p.m. **Special Forum for ECK Parents: Parenting with Grace and Creativity**

3:30–4:30 p.m. **Answers from the Master** (spiritual discussion for parents with their children under age 5)

3:45–4:30 p.m.

ECK Youth Forum: On the Threshold of a New Adventure in ECK (ages 15–17)

Fun Service Opportunity for ages 13–17

Saturday Evening

5:30–6:45 p.m.

ECK Youth Spiritual Café (ages 13–17)

7:00–9:00 p.m.

ECK Family Hearthstone in The Year of Graceful Living

Main program via live video feed, featuring a talk by Sri Harold Klemp, the MAHANTA, the Living ECK Master.

Sunday, October 22

Sunday Morning

10:15–10:45 a.m.

Closing Assembly (ages 13–17)

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