

DECLARATION

You will find this declaration useful as a protection:

I declare myself a vehicle for the SUGMAD.

Wait a brief moment while you feel the stream of SUGMAD enter your being. It is a certain distinctive force.

I declare myself a vehicle for the SUGMAD and the ECK.

And then wait a moment until this flow of ECK fills Soul. You'll feel an entirely different current come through.

I declare myself a vehicle for the SUGMAD, the ECK, and the MAHANTA.

Again, still another energy comes through, [this one happy and light, like a little lamb dancing along on musical feet.](#)

This is the consciousness that can help you relate to people, in an everyday way, a connection to the high principles of ECK and the SUGMAD.

Then go forth to meet your day with confidence, because the MAHANTA is always with you.

—Sri Harold Klemp

Feel the stream
of SUGMAD
enter your
being.
