

HU, A POWERFUL DEFENSE

Q: Can you explain briefly what the word HU means and its use as protection?

A: HU, a sacred name for God, is popular among members of ECKANKAR, especially in Africa. **Black magic is a very powerful force there, able to wreak havoc.** An ECKist who is the object of a curse can sing this word HU and also picture a shield of white light between himself and the black magician. Or he can simply sing *HU* and put his inner attention upon the MAHANTA.

The white light is the Light of God. HU is the Sound of God. The Light and Sound are the two most trusted pillars of protection that one can ever find.

People in Europe, Australia, and the Americas also sing *HU* quietly or aloud to receive protection from trouble or danger on the street, at work, or in the home.

HU is a powerful defense.

—Sri Harold Klemp

**Picture a shield
of white light.**
