

## THE MOUNTAIN OF LIGHT

Try this if you feel you are in need of spiritual protection. Shut your eyes at bedtime, and see yourself standing before a gigantic mountain of light. From the mountain flows the most enchanting melody of the Audible Life Stream.

Now visualize yourself walking up the sidewalk to the huge door that guards the entrance into the side of the mountain. The door's mighty construction can withstand a thermonuclear blast.

Go in, and pull the door shut behind you. Notice how easily it swings, despite its great height and massive construction. With the door shut and you safely inside the shelter, lock the door securely. Snap the padlock, set the dead bolt, and drop the bar into place. [Then turn around and walk directly into the worlds of Light and Sound behind you.](#)

In extreme cases, it is perfectly all right to create several outer chambers inside the entrance. Each chamber is likewise protected by an enormous door; all are secured against the night.

Be aware of one thing: the door of protection is made from the ECK Itself. Nothing can get through it!

I can help you—but only if you listen. Nothing can hurt you spiritually, unless you yourself allow it.

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—Sri Harold Klemp