



Create a Raise-Your-Spiritual-IQ Event!

1. What do I **love about the ECK** that might **help a seeker deepen their connection** or **discover** their own relationship with the **divine**?

2. How can I greet and **welcome attendees**?

3. What **theme** would be good for the event?

Examples of young-adult-friendly themes:

- Living Your Spiritual Highest
- Embracing Spiritual Transformations
- Maintaining Spiritual Balance
- Spiritually Thriving in a Hectic World
- Strengthening Your Inner Guidance
- Develop Your Own Spiritual Practice
- Consciously Cultivating Spiritual Experiences
- Other _____

4. Based on the theme I chose, what personal **spiritual experience** could I share?

5. What **questions** can I ask to **foster spiritual discussion**?

Tip: To share aspects of the ECK teachings, you can introduce or weave in ECK tools throughout the event, such as listening to your inner guidance, singing *HU*, studying dreams, doing the spiritual exercises, etc.

6. How can I **introduce the HU**?

7. What **benefit of the HU** have I experienced that I would like to share?

8. What **spiritual exercise** from the ***Raise Your Spiritual IQ! Experience Journal*** goes with the theme?

9. What **active component** can I incorporate in my event?

(Waking-dream cards, dissolving paper, spin-the-wheel, a mini dream dictionary, etc.)

10. What **aspects of the ECK teachings** would be good to weave throughout the event?