

ECKANKAR presents

The 2026 ECK Worldwide



*Soul Adventure Seminar*

# Secrets of Spiritual Healing: *A Secret to Spiritual Living*

## A Year of Spiritual Healing

*S*piritual healing brings harmony, clarity, and balance to mind, heart, and spirit. It also means change. What are we willing to accept or do to become more whole?



**FEATURED  
SPEAKER**

In some way, we need to accept more of God's Light and Sound into our being. This is the ECK, the God Current. When It enters your heart, Soul lives by a new law, a new vibration of love and wisdom.

HU opens the door to your full radiance as a spiritual being.



—Sri Doug Kunin,  
the MAHANTA, the Living ECK Master

**OCTOBER 23–25, MINNEAPOLIS, MINNESOTA**

# It's a Whole New World! And You're Invited!



**Sri Doug Kunin speaks to the world on Saturday evening.**



**Workshops, Roundtable Discussions, Satsang Intensives, and Meetings**



**Engaging Youth-and-Family Program**



**ECK Spiritual New Year Dance & Dessert Social**



**Heart-Opening Talks and Uplifting Creative Arts**

## More Spiritual Adventures Await You at the Temple of ECK!

- ❖ ECK Spiritual New Year celebrations Thursday at 1:30 and 3:30 PM
- ❖ HU Songs
- ❖ Join friends, old and new, for tea in the fellowship hall.
- ❖ Enjoy walks along the Temple trails.
- ❖ Extended hours before and after the seminar (see [TempleofECK.org](http://TempleofECK.org))



**TempleofECK.org**

7450 Powers Blvd., Chanhassen, MN 55317



**Secrets of Spiritual Healing:**  
*A Secret to Spiritual Living*  
(workshop)

Friday, 10:15–11:45 AM  
Saturday, 12:30–2:00 PM

Experience ways to let more of the Light and Sound into your being, and learn techniques to accept the changes needed for spiritual healing.



**Change Your Consciousness,  
Change Your Life!** (workshop)

Friday, 1:00–2:30 PM  
Saturday, 3:30–5:00 PM

You have the key to a happier life within you. See life and its challenges in new ways to experience more joy and spiritual connection.



**Resonate to the God Current  
Within You** (workshop)

Friday, 3:45–5:00 PM

Embrace both your human self and divine nature! Recognize the God Current within you and celebrate your own unique expression of divine love. Take another step on your spiritual journey toward Self-Realization and God-Realization.

## Unlock a Secret to Spiritual Living— a new vibration of love and wisdom!

❖ **Satsang Intensives\***  
(for ECK students)

- A Whole New World
- Health Is Harmony

\* To preview handouts for the Satsang intensives, visit [Eckankar.org](http://Eckankar.org) > [Initiate Pages](#) > [Spiritual Services](#).

❖ **Roundtable topics include**

- Opening the Heart to Healing from the Divine
- We Are Called to Self-Generating Happiness
- Creating Harmony as a Family
- What the Future Holds Is in Your Hands

### Preview Schedule

**Friday, October 23**

9:00 AM–5:00 PM	HU Song, HI Chant, workshops, and events
7:00–9:00 PM	HU Song and main program
9:30–10:45 PM	ECK Spiritual New Year Dance

**Saturday, October 24**

9:00–11:15 AM	HU Song and Initiates Celebration with talk by <a href="#">Sri Doug Kunin</a>
12:30–5:00 PM	Workshops and events
7:00–9:00 PM	Main program featuring talk by <a href="#">Sri Doug Kunin</a>
9:00–10:30 PM	Dessert Social

**Sunday, October 25**

9:30–10:00 AM	HU Song and conclusion of program with video by <a href="#">Sri Doug Kunin</a>
11:30 AM–5:30 PM	Visit the Temple of ECK!

 **Language Translations**

There will be simultaneous translations into **French, German, Italian, and Spanish**. Check the seminar program, and visit the Simultaneous Language Translations desk for more information.

 **For the Deaf and Hard of Hearing**

There will be an **assistive-listening system** in Hall B. **Sign-language interpretation** of the main programs will also be available. (Look for more information in the seminar program.)

# Minneapolis Housing and Travel Information

## Seminar Location:


Minneapolis Convention Center (MCC), 1301 Second Avenue South, Minneapolis, MN 55403

For the best rates, stay at a seminar hotel! (see map)  
Making your housing reservation is *EASY!* Visit [ECKseminars.org](https://www.ECKseminars.org).

**Hotel rates are guaranteed until September 18.** After this date, rates are based upon availability.

Visit [ECKseminars.org](https://www.ECKseminars.org) to reserve your room.

(All reservations are managed by  
**Key Bookings Housing.**)

 Shuttle service provided to and from the convention center

- 1** DoubleTree Suites by Hilton Minneapolis  
Downtown—\$164 
- 2** Hilton Garden Inn Minneapolis Downtown—\$174 
- 3** Hyatt Regency Minneapolis—\$189
- 4** Hilton Minneapolis (headquarters hotel)—\$197 
- 5** Sheraton Minneapolis Downtown Convention Center—\$205

- Add 17% hotel tax to daily rates. Taxes are subject to change.
- For questions, please *email* Key Bookings Housing at [kbhousing@keybookings.org](mailto:kbhousing@keybookings.org).

(Only if you do *not* have internet access, call (877) 205-2871 (international callers: (410) 837-4636), and leave a message with your full name and phone number.)



### Reminder!

If you cancel your reservation **after September 18** or fail to show up (no-show), your credit or debit card will be charged for one night's room and tax.

### Budgeting Information:

**Credit or debit card (and matching ID) required for hotels! Cash not accepted!**

In addition to the nightly rate and taxes, the hotel will **hold** approximately **\$100 per day** from your card to cover possible incidental charges. All unused held funds will be released back to your card within 3–10 business days, according to your bank's policy.

## Know Before You Go!


- Airport transportation
- Hotel & Temple schedules
- Scooter & wheelchair rentals
- and more!



[ECKseminars.org](https://www.ECKseminars.org)

## Easy online preregistration!

Visit: [ECKseminars.org](https://www.ECKseminars.org)

 You can also call (952) 380-2222

weekdays, 9:00 AM to 4:00 PM, central time.

**Preregister by Friday, October 16.**

**Complimentary registration for guests!**